Trinity Island, which is one of five islands that make up the Isle Dernieres barrier island chain, is located approximately 13 miles south of Cocodrie, Louisiana, in Terrebonne Parish. It is bordered to the north by Lake Pelto and Terrebonne Bay, to the west by Whiskey Pass, to the south by the Gulf of Mexico, and to the east by New Cut and East Island.

The Isles Dernieres chain of barrier islands in Louisiana is experiencing land loss and fragmentation as a result of both natural processes and human activities. Trinity Island was expected to be lost by the year 2007 if no restoration was completed. The entire Isles Dernieres chain was projected to be lost by the year 2010 without restoration.

Louisiana's barrier islands buffer coastal areas from the storm surges that accompany hurricanes and tropical storms. They also protect interior fringe wetlands along the bay's shoreline from waves coming from the open Gulf of Mexico. Trinity Island serves as a nursery area for waterfowl and migratory species.

The project required restoration of approximately 7.5 miles of both Trinity and East islands. It involved the construction of temporary perimeter containment dikes behind considerable stretches of the islands.

Sediment was suction-dredged from previously defined borrow areas of Lake Pelto and used to hydraulically fill the areas within the retaining dunes and dike structures.

An elevated marsh platform sloping from the dunes to the back bay dikes was created. The dunes and filled marsh were also planted with various species of vegetation.

Dune elevation, along with sand fencing and vegetation, is enhancing the barrier island’s capabilities to buffer storm surges to fringe marshes and coastal towns. The temporary containment dikes have degraded because of natural processes. Intertidal areas have developed naturally.